

CXCR4 inhibitor plerixafor and G-CSF allow for an effective peripheral blood stem cell collection in patients who failed previous mobilization attempt

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Abstract

Background: Plerixafor is a CXCR4 receptor inhibitor, which was recently introduced for stem cell mobilization in myeloma and lymphoma patients prior to their transplantation. Since March 2009, we performed 16 mobilizations using plerixafor in combination with G-CSF in 10 patients with multiple myeloma, 3 Non-Hodgkin's lymphoma and 3 Hodgkin's lymphoma, who failed previous mobilization attempts with G-CSF in combination with chemotherapy.

Methods and Findings: Our protocol consisted of daily s.c. injections of G-CSF (2 x 5 µg/kg) on days 1 through 7 and plerixafor (240 µg/kg) on day 4, 5 and 6. In three patients, plerixafor was added to chemotherapy-based mobilization regimen, in case when No. of CD34+ cell was too low to start cell collections. The median No. of circulating CD34+ cells after first administration of plerixafor was 23/µL (range 11-62) and in 13/16 patients it exceeded minimum of 15 cells/µL required to begin leukapheresis on that day. However, due to high peripheral blood leukocytosis (median 36.5 G/L; range, 11.4-72.5) the frequency of CD34+ cells was low (median 0.067%, range 0.030-0.215) that affected low collection efficiency of CD34+ cells. Moreover, this required collection and freezing of abundant No. of nucleated cells (median 9.3 x 10⁸ NCs/kg, range 6.15-24.05). In our setting, high nucleated cell count translated into high volume of stem cell product (median 1260 mL; range 500-2050). Nevertheless, the final stem cell products contained median of 2.8 x 10⁶ CD34+ cells/kg b.w. (range, 0.57-4.5 x 10⁶) and in 12/16 patients (75%) it exceeded 2.0 x 10⁶ CD34+ cells/kg b.w., which is required for stem cell transplantation. Eight patients have already been transplanted and median time to neutrophil (>0.5 G/L) recovery was 12 days (11-14) and platelet (>20 G/L) recovery was 14 days (10-25) that is satisfactory.

Conclusions: Stem cell mobilization with plerixafor and G-CSF provides solution for majority of patients requiring autologous hematopoietic stem cell transplantation and failing mobilization with G-CSF in combination with chemotherapy. However, due to high leukocytosis, this protocol requires modification of stem cell collection and freezing procedures in order to avoid large volumes of stem cell product.

Introduction

Plerixafor (AMD3100, Mozobil) is a new targeted drug that specifically binds and blocks the CXCR4 chemokine receptor. Primarily, it was designed for therapy of HIV infection, because CXCR4 is used by T-lymphotropic HIV strains to enter the cells. The first clinical trials in AIDS were not successful, however led to the identification of an unexpected side effect: increase in the white blood cell count. When this phenomenon was further investigated, it was found that administration of plerixafor increases the number of hematopoietic stem cells (HSC) circulating in the peripheral blood of patients (PBSCs). This in turn, led to the hypothesis that plerixafor may find its application in HSC mobilization for the purpose of peripheral blood stem cell transplantation (PBSCT) [1].

At present, the most common stem cell mobilization strategy is based on administration of granulocyte-colony stimulating factor (G-CSF) alone or in combination with chemotherapy. The action of G-CSF is believed to be based on activation of cells of neutrophil lineage. These cells secrete proteolytic enzymes that cleave adhesion molecules attaching HSC to bone marrow stroma [2]. Impairment of interaction between SDF-1 chemokine, which is expressed by bone marrow stromal cells and CXCR4 receptor at the surface of HSCs seems to be one of the most important effects of G-CSF. As a result, a proportion of HSCs leaves their bone marrow niche and enters the circulation. Administration of chemotherapy prior to G-CSF provides additional trigger for HSC release from the niche and significantly enhances HSC mobilization [2].

Unfortunately, the current strategies used for hematopoietic stem cell mobilization fail in significant number of patients. About 5-30% of patients do not succeed to collect $> 2.0 \times 10^6$ CD34+ cells/kg b.w. during first mobilization attempt and this number is usually required for successful stem cell engraftment [2,3]. Unfortunately, the remobilization in these patients who failed previous mobilization seems to be related with low efficiency. In a series of patients reported by Pusic et al. (2008), only 23% of remobilized patients achieved $> 2 \times 10^6$ CD34+ cells/kg in second collection and 29.7% failed to pool sufficient number of stem cells from both collections.

Importantly, several clinical studies revealed that plerixafor, when used in combination with G-CSF may be very effective even in patients who fail previous mobilization attempt [4,5,6,7]. In Europe, plerixafor was used since 2007 within the Compassionate Use Protocol. Calandra et al. (2008) reported the first series of patients remobilized with plerixafor in combination with G-CSF in Europe and the rates of successful CD34+ cell collection were satisfactory: 60-95% depending on the primary disease diagnosis.

The major mechanism of plerixafor action is believed to be based on direct blocking of CXCR4 receptor expressed by HSCs and progenitors. In such situation, interaction between SDF-1 and HSCs is no longer possible and the balance between factors keeping HSCs in BM microenvironment and their recirculation

is being disturbed. However, the exact mechanisms of mobilization with plerixafor are largely unknown, yet. Recently, it was suggested that plerixafor binding to CXCR4 receptor stimulates BM neutrophils which activate complement cascade [8]. In turn, complement activation may be essential for efficient stem cell mobilization.

The current publication summarizes our single-institution experience on the use of plerixafor for HSC mobilization in 16 patients suffering from multiple myeloma or lymphoma. All of them either failed previous mobilization attempt or were predicted poor mobilizers based on low HSC concentration after conventional treatment. Importantly, we report for the first time high nucleated cell count after plerixafor-based mobilization which, in our setting, resulted in high volumes of stem cell product.

Patients and Methods

The group of 16 patients was heterogenous (Table 1). Ten of them suffered from multiple myeloma, three of Hodgkin's lymphoma (HL), one of mantle cell lymphoma (MCL) and two of diffuse large B cell lymphomas (DLBCL). The median age of patients was 59 (range, 19-71). Seven of them were females and nine were males. Only 3 patients were in complete remission, while the others had active disease. The majority of patients

UPN	age	diagnosis	gender	chemotherapy courses prior to plerixafor use	total No. of chemotherapy courses	radiotherapy	previous autoSCT	failed previous mobilization regimen	No. of previous mobilizations failed	disease status at mobilization with plerixafor
349	55	MM	M	4xVAD, 1xHD-Cy; 2x autoPBSCT; 8xTCD, 8xPAD, HD-CY	24	-	++	HD-Cy+G-CSF	1	VGPR
359	59	MM	F	3xVAD; autoPBSCT, 2xCyD ex; 10xTCD; 8xPAD, Thal	19	-	+	HD-Cy+G-CSF	1	progression
383	60	MM	M	3xVAD; HD-Cy; autoPBSCT; 6xTCD, 6xPAD	17	-	+	HD-Cy+G-CSF	1	CR
505	59	MM	F	5xVAD, HD-Cy	6	+	-	HD-Cy+G-CSF	1	PR
506	64	MM	F	TCD	4	-	-	HD-Cy+G-CSF	1	VGPR
507	41	DLBCL	F	6xCHOP+Bevacizumab; 1xR-DHAP; 3xGMALL (A1-C1)	10	-	-	GMALL (C1)	1	progression
511	67	MM	M	TCD	5	+	-	HD-Cy+G-CSF	1	PR
513	30	HL	M	6xBEACOPP, 2xICE	8	-	-		0	SD
514	65	MM	M	TCD	6	-	+	HD-Cy+G-CSF	1	CR
516	71	MM	F	TCD	4	-	-	HD-Cy+G-CSF	1	PR
523	56	MCL	M	7xCHOP, 4xDHAP, 1xICE	12	-	-	ICE	1	SD
524	67	MM	F	7xM2, 2xM1, 7xCyD ex, ThalD ex(1year), 8xBortezomib, 2xHD-CTX	27	-	-	HD-Cy+G-CSF	2	progression
530	62	MM	M	4xM2, 4xTCD	8	+	-	HD-Cy+G-CSF	1	VGPR
543	19	HL	F	6xABVD, 4xBEACOPP escalated; 3xBEACOPP	13	-	-		0	CR
545	56	DLBCL	M	8xR-CHOP+bevacizumab/placebo	8	-	-		0	PR
15	28	HL	M	8xABVD; autoPBSCT, 6xMOPP, 2xICE	17	+	+	ICE	1	SD
Summary	Median: 59 (range 19-71)	10 MM 3 NHL 3 HL	9 M 7 F		Median: 9 (4-27)	4+ 12-	5+ 11-		Median: 1 (0-2)	3 CR 3 VGPR 4 PR 3 SD 3 progression

Table 1. Characteristics of patients mobilized with plerixafor. M- male, F – female, CR – complete remission, VGPR – very good partial remission, PR – partial remission, SD – stable disease.

have already been heavily pretreated and received median of 9 (range, 4-27) previous chemotherapy courses. Chemotherapy regimens are listed in Table 1. Four patients were also treated with radiotherapy before and five patients were mobilized after previous autologous PBSCT (autoPBSCT). Thirteen patients failed at least one previous chemotherapy-based stem cell mobilization attempt.

Plerixafor (Mozobil) was generously provided by the manufacturer (Genzyme) within the Compassionate Use Protocol. The drug was administered according to the manufacturer's recommendations (Fig. 1) with some modifications. In brief, beginning from day one, patients have received G-CSF at a dose of $2 \times 5 \mu\text{g}/\text{kg}$ body weight. On day four, patients received first s.c. injection of plerixafor at a dose of $240 \mu\text{g}/\text{kg}$ b.w. at 11 p.m. The following day, the complete blood count (CBC) was recorded and peripheral blood CD34+ cell concentration was assessed by flow cytometry. The absolute No. of CD34+ cells/ μL was assessed according to formula: WBC count/ μL \times proportion of CD34+ cells in nucleated cell fraction. When it reached satisfactory level (> 15 CD34+ cells/ μL), leukaphereses started (at about 10 a.m.).

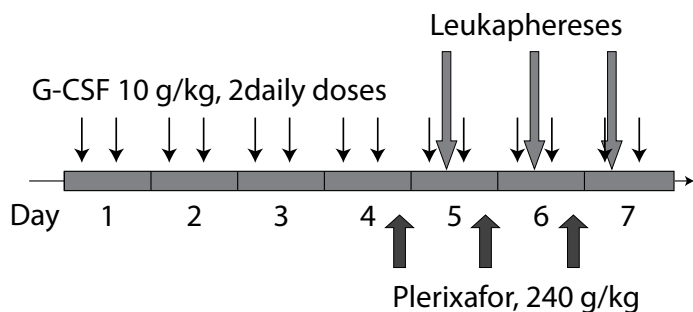


Figure 1. Schedule of plerixafor administration. Since day one, patients have received two daily injections of G-CSF. On day four, they received injection of plerixafor at 11 p.m. and then leukapheresis started at about 10 a.m. next day. When necessary, this schedule was extended for the additional two days.

In patients UPN 513, 543 and 545, plerixafor was added to chemotherapy-based mobilization regimen. They received standard chemotherapy and G-CSF at a dose of $2 \times 5 \mu\text{g}/\text{kg}$ b.w. since day five. Patients UPN 543 and 545 received high-dose ($4000 \text{ mg}/\text{m}^2$) cyclophosphamide, while patient UPN 513 was treated with ICE regimen (etoposide $100 \text{ mg}/\text{m}^2$, day 1-3; ifosfamide $5000 \text{ mg}/\text{m}^2$, day 2; carboplatin 800 mg , day 2). The decision when to co-administer plerixafor was made based on observation of low ($< 15/\mu\text{L}$) CD34+ cell count in the peripheral blood at optimal time for stem cell collection (day ten to fourteen after chemotherapy). At this time, the blood leukocytosis was $> 3.5 \text{ G}/\text{L}$ and raising without satisfactory rise in CD34+ cell No./ μL . Administration of plerixafor at this time aimed in boosting stem cell release to the peripheral blood.

For the purpose of cell collections COBE Spectra cell separator was used, equipped with version 6.1 software. Manual MNC procedure was applied with the aim of processing of 2 times the Total Blood Volume. Treated patient's blood volume, procedure length and volume of immediate product for each separation are listed in Table 2. We used the routine protocol for leukapheresis that was elaborated in our institution for patients mobilized after chemotherapy-based regimen and we did not modify separation factor (SF) which was set by an authorized service. Cell populations within leukapheresis product were assessed by standard blood morphology and flow cytometry. For CD34+ cell enumeration the double cytometric platform was used (as described above). The pre-thaw minimal residual disease was assessed also by flow cytometry. For this purpose, in multiple myeloma patients the proportion of CD138+ cells (plasma cells) was assessed. The leukapheresis product was frozen at density of $< 50 \times 10^6$ nucleated cells (NCs)/mL in final solution containing 5% dimethylsulfoxide (DMSO). The minimum target of collections was $> 2 \times 10^6$ CD34+ cells/kg b.w. If it was not reached after the first stem cell collection, administration of plerixafor, G-CSF and leukaphereses were repeated as above until target No. of cells was collected. The optimum target of collections was $> 4 \times 10^6$ CD34+ cells/kg b.w. that allows for two autoPBSCT. Therefore, in patients who already collected minimum cell target, leukaphereses were continued, to the maximum number of 3. In patients with low peripheral blood CD34+ cell count and low yield from first leukapheresis, the decision about next leukapheresis was made based on peripheral blood CD34+ cell count following second plerixafor administration. If it fell below minimum threshold, leukaphereses were omitted.

Results

Mobilization with G-CSF and plerixafor was associated with satisfactory release of CD34+ cells to the peripheral blood as measured 8 hours after plerixafor administration. The median of 23 CD34+ cells/ μL was achieved and ranged between 11 and 62 cells/ μL (Table 3). The lower limit of 15 CD34+ cells/ μL which was required to start leukapheresis, was achieved in 13 out of 16 patients after first, and in next two patients after second administration of plerixafor. In patient UPN 15, the No. of CD34+ cells in peripheral blood was only 13/ μL on the first day after plerixafor administration and fell to 5 CD34+ cells/ μL after second plerixafor administration. Therefore, this patient did not fulfill criteria to start cell collection. In all remaining patients (15/16), leukaphereses were performed.

However, CD34+ cell release from bone marrow niche was associated with mobilization of neutrophils which contributed to the unexpectedly high peripheral blood leukocytosis. While on the day of plerixafor administration the median WBC count (G/L) was 28 (range, 6.9-53.8), it rose to 38.4 (range, 11-72) after

UPN	Leukapheresis 1			Leukapheresis 2			Leukapheresis 3		
	Treated patient's volume (mL)	Duration (min)	Volume of the immediate product (mL)	Treated patient's volume (mL)	Duration (min)	Volume of the immediate product (mL)	Treated patient's volume (mL)	Duration (min)	Volume of the immediate product (mL)
349	7726	180	212	8084	180	211	8009	160	210
359	6175	154	208	7585	180	215	5040	120	213
383	6416	150	207	6018	150	215	-	-	-
505	5810	150	211	4737	120	210	-	-	-
506	5870	150	210	6004	150	212	-	-	-
507	5780	150	150	5940	150	150	4793	120	110
511	5992	150	213	6028	150	210	-	-	-
513	6654	150	211	8071	180	212	5384	120	212
514	5380	120	205	6748	150	211	5786	120	206
516	5252	150	213	5458	150	212	5340	147	207
523	5983	150	211	7197	150	211	5991	150	212
524	3960	120	210	-	-	-	-	-	-
530	4824	120	211	6704	150	209	5392	120	212
543	6453	166	191	-	-	-	-	-	-
545	8281	180	210	8054	180	211	-	-	-
Median (range)	5983 (3960-8281)	150 (120-180)	210 (150-213)	6704 (4737-8084)	150 (120-180)	211 (150-215)	5388 (4793-8009)	120 (120-160)	211 (110-213)

Table 2. Characteristics of leukapheresis procedures performed after administration of plerixafor in terms of treated patient's volume, duration and volume of the immediate cell product.

UPN	Plerixafor added to chemotherapy-based mobilization	Current chemotherapy-based regimen	Blood WBC count (G/L) on the day following 1st plerixafor administration	Blood CD34+ cell % on the day following 1st plerixafor administration	Blood CD34+ cell content (cells/L) on the day following 1st plerixafor administration	Leukaphereses
349	-		50.6	0.06	30	+
359	-		11.4	0.215	24	+
383	-		46.2	0.03	14	after second plerixafor administration
505	-		31.4	0.035	11	after second plerixafor administration
506	-		68.8	0.09	62	+
507	-		72.5	0.075	54	+
511	-		40.0	0.08	32	+
513	+	ICE + G-CSF	36.0	0.045	16	+
514	-		68.2	0.085	57	+
516	-		59.8	0.05	22	+
523	-		45.0	0.045	20	+
524	-		36.5	0.06	22	+
530	-		36.8	0.103	38	+
543	+	HD-Cy + G-CSF	31.6	0.18	57	+
545	+	ICE + G-CSF	18.9	0.205	39	+
15	-		14.1	0.09	13	-
Median (range)	3 patients (+) 13 patients (-)		36.5 (11.4-72.5)	0.067 (0.03-0.215)	23 (11-62)	1 (-) 17 (+)

Table 3. The impact of mobilization regimen on peripheral blood WBC count and CD34+ cell concentration on the day following first plerixafor administration.

first, 48.5 (16.8-88.7) after second and 59.2 (21-121.6) after third plerixafor administration (Figure 2). As a consequence, the frequency of CD34+ cells among WBC was low - median 0.067% after first plerixafor administration, range 0.03-0.215 (Table 3). Patients UPN 383 and 505 did not release required No. of CD34+ cells after first plerixafor administration, but achieved this goal after second dose of plerixafor and went into leukaphereses. In total, median of 3 leukaphereses were performed (range 0-3) and the median collected CD34+ cell No. was 2.8×10^6 CD34+ cells/kg b.w. (range, $0.57 - 4.5 \times 10^6$ CD34+ cells/kg b.w. (Table 4). The minimum target of $> 2.0 \times 10^6$ CD34+ cells/kg b.w. was collected in 12/16 patients (75%) in median of 2 leukaphereses (range, 1-3). The optimum target of collections ($> 4.0 \times 10^6$ CD34+ cells/kg b.w.) was obtained in patients UPN 506 and 507 after second and third leukapheresis, adequately. In patient UPN 543 who collected 2.3×10^6 CD34+ cells/kg in first leukapheresis, further collections were not performed based on clinical decisions. Also in patient UPN 545 leukaphereses were stopped after collection of 3.4×10^6 CD34+ cells/kg because it reached the optimum of 4.0×10^6 CD34+ cells/kg when pulled with previously collected and stored material.

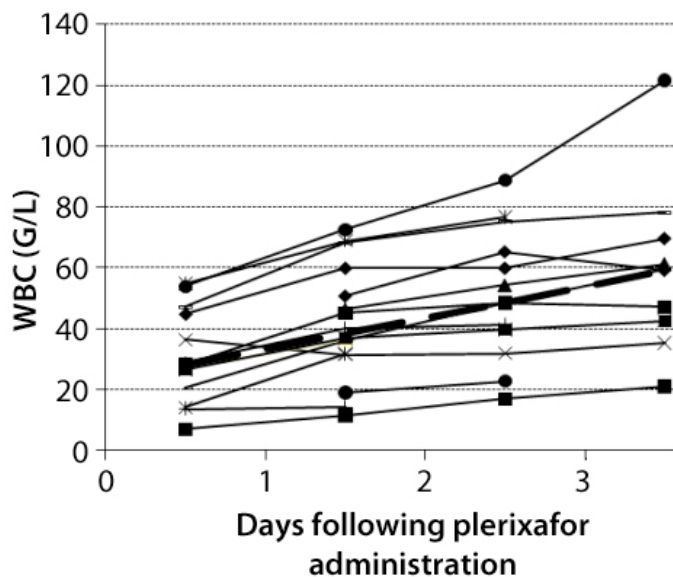


Figure 2. Peripheral blood WBC count before (Day 0) and after plerixafor administration (day 1, 2 and 3). The broken line connects median values of WBC count.

The proportion of CD34+ cells in stem cell product was low (median 0.25%; range, 0.09-0.81) due to high No. of nucleated cells (NCs) in preparations (median 9.3×10^8 NCs/kg b.w.; range 6.15-24.05) (Table 5). Based on institutional cryopreservation procedures, the volume of frozen cell preparations was high (median 1260 mL) and ranged between 500 and 2050 mL. In MM patients the median proportion of CD138+ cells in stem cell product was 0.03%, but ranged between 0.01% and 1.15%. This translated into median of 0.28×10^6 CD138+ cells/kg b.w. (range, 0.007-4.1). In patient UPN 359 it was almost four times

more than the No. of CD34+ cells collected (10.67 vs. 2.6×10^6 cells/kg b.w.). The median No. of CFU-GEMM + CFU-GM as well as BFU-E colonies are listed in Table 5.

To date, eight out of sixteen patients underwent autoSCT. In all of them hematopoietic stem cells engrafted and the median time to neutrophil recovery > 0.5 G/L was 12.5 days (range, 11-14) and to platelet recovery > 20 G/L was 14 days (range, 10-25) (Table 6). We did not observe late graft failure in these patients.

Importantly, we did not observe any side effects of HSC mobilization with plerixafor.

Discussion

Plerixafor has been recently (2009) approved by the European Medicines Agency (EMA) "to enhance mobilization of HSCs to peripheral blood for collection and subsequent autologous transplantation in patients with lymphoma and multiple myeloma whose cells mobilize poorly" [9]. This was based on the results of two key multicenter, randomized, double-blind, placebo controlled studies of plerixafor plus G-CSF versus placebo plus G-CSF for autologous stem cell mobilization in patients with non-Hodgkin's lymphoma and myeloma [6,10]. In non-Hodgkin's lymphoma patients, the primary goal of 5.0×10^6 CD34+ cells/kg in four or fewer days of apheresis was achieved in 59% of patients in the plerixafor arm compared with 20% in the placebo arm ($p < 0.0001$). In multiple myeloma study, a higher end-point of $> 6.0 \times 10^6$ CD34+ cells/kg in two or less days of apheresis was used, and 72% of patients treated with plerixafor and G-CSF achieved this goal compared with 34% of patients treated with G-CSF and placebo ($p < 0.0001$). These studies clearly showed that treatment with plerixafor is superior than placebo and the results of such mobilization are satisfactory. However, these studies have been performed in patients who did not fail previous mobilization attempt. Moreover, multiple exclusion criteria were applied, such as previous thalidomide or lenalidomide treatment, radiotherapy or autoPBSCT, which may suggest that chosen patients had higher chance of successful mobilization than patients usually seen in the clinic. Therefore, it is of high importance to document the real efficiency of plerixafor-based mobilization regimen in patients who are predicted or proven poor mobilizers. This is the first report of mobilization with plerixafor in combination with G-CSF within the Compassionate Use Programme in Poland.

Our results confirm the high mobilizing efficiency of plerixafor. Satisfactory CD34+ cell number in the peripheral blood of $> 15/\mu\text{L}$ was observed in 13/16 patients after first application of plerixafor which allowed to start leukapheresis. Patients UPN 383 and 505 who achieved the minimum limit of 15 CD34+ cells/ μL after second administration of plerixafor only, failed to collect required No. of cells. The median CD34+ cell No/ μL in our

UPN	No. of leukaphereses	No. of CD34+ cells collected (x 10 ⁶ /kg b.w.) in the 1 st leukapheresis	No. of CD34+ cells collected (x 10 ⁶ /kg b.w.) in the 2 nd leukapheresis	No. of CD34+ cells collected (x 10 ⁶ /kg b.w.) in the 3 rd leukapheresis	Leukapheresis in which the target of $\geq 2.0 \times 10^6$ CD34+ cells/kg b.w. was reached	No. of CD34+ cells collected (x 10 ⁶ /kg b.w.)
349	3	1.0	1.3	0.76	2	3.06
359	3	0.8	1.1	0.7	3	2.6
383	2	0.34	0.23	-	not reached	0.57
505	2	0.6	0.4	-	not reached	0.9
506	2	2.7	1.8	-	1	4.5
507	3	1.6	2.1	0.8	2	4.5
511	2	1.0	1.0	-	2	2.0
513	3	0.7	1.5	1.3	2	3.5
514	3	1.1	1.6	1.0	2	3.7
516	3	1.1	1.2	0.55	2	2.85
523	3	0.8	0.8	0.5	3	2.1
524	1	0.65	-	-	not reached	0.65
530	3	0.8	1.05	0.95	3	2.8
543	1	2.2	-	-	1	2.2
545	2	2.0	1.4	-	1	3.4
15	0	-	-	-	-	-
Median	3 (1-3)	0.9 (0.34-2.7)	1.2 (0.23-2.1)	0.78 (0.5-1.3)	2 (1-3)	2.8 (0.57-4.5)

Table 4. The outcomes of mobilization with plerixafor in terms of No. of CD34+ cells collected.

UPN	Total No. of NCs collected (x10 ⁹ /kg b.w.)	Mean % of CD34+ cells in leukapheresis product	No. of BFU-E collected (x10 ⁴ /kg b.w.)	No. of CFU-GM+GEMM collected (x10 ⁴ /kg b.w.)	Total volume of leukapheresis product (mL)	Mean % of CD138+ cells in leukapheresis product	No. of CD138+ cells in leukapheresis product (x10 ⁶ /kg b.w.)
349	8.16	0.38	-	-	1290	0.07	0.079
359	9.3	0.28	-	-	1240	1.15	4,1
383	6.15	0.10	1.5	2.3	660	0.01	0.05
505	9.0	0.12	-	-	1120	0.02	0.075
506	17.2	0.26	1.0	2.1	1800	0.01	0.007
507	24.05	0.19	16.1	13.8	1980	-	-
511	15.1	0.14	8.7	4.5	1480	0.01	0.02
513	9.35	0.78	3.3	2.2	1230	-	-
514	7.95	0.46	3.7	3.6	1280	0.10	0.234
516	12.88	0.23	13.4	8.4	1260	0.19	0,7
523	12.0	0.18	3.9	2.6	1420	-	-
524	7.9	0.09	5.7	5.8	660	0.04	0.06
530	12.1	0.25	-	-	2050	0.02	0.05
543	5.56	0.40	1.6	2.6	520	-	-
545	4.1	0.81	-	-	630	-	-
Median	9,3 (6.15-24.05)	0.25 (0.09-0.81)	3.8 (1.0-16.1)	3.1 (2.1-13.8)	1260 (500-2050)	0.03 (0.01-1.15)	0.28 (0.007-4.1)

Table 5. Characterization of collected stem cell product.

patients (23 cells/ μ L) was lower than in majority of published prospective clinical studies. However, this most likely resulted from patient's selection. Stewart et al. [11] observed median of 75 CD34+ cells/ μ L after first administration of plerixafor. However, in that case the No. of circulating CD34+ cells before plerixafor (24 cells/ μ L) already exceeded numbers observed by us after drug administration that suggests the impact of different patient's population. The centre-specific method of CD34+ cell enumeration may also influence differences between centers. Moreover, the majority of studies did not reveal the No. of circulating CD34+ cells, but rather fold increase compared with day prior to plerixafor administration. The first and largest retrospective study by Calandra et al. [7] also does not reveal these numbers.

Similarly, these studies did not reveal WBC count during mobilization with plerixafor and G-CSF, while we have observed very high leukocytosis, secondary to the increase in the neutrophil count. It was observed already in healthy volunteers that single injection of plerixafor without G-CSF may lead to increase in WBC count of up to 19 G/L [12]. However in case of mobilization with plerixafor in combination with G-CSF, the leukocytosis most likely results from administration of growth factor, as observed before plerixafor administration. On days before and following each plerixafor administration, the median rise in leukocytosis was about 10 G/L per day, however G-CSF was also administered at this time. High leukocytosis could be also related with administration of G-CSF in divided daily dose (2 x 5 μ g/kg), instead of single daily dose (10 μ g/kg) used by other investigators. However, this explanation is unlikely as study by Kroger et al. did not reveal any difference in peripheral blood WBC count between once-daily or twice-daily schedule [13]. On the other hand, such dosing regimen was shown to be superior in terms of CD34+ cells mobilization [13].

We managed to collect minimum No. of $> 2.0 \times 10^6$ CD34+/kg b.w. in 75% of patients. The success rate was higher than reported by Calandra et al. [7] (66%) and this may result from inclusion in our study of patients who were predicted poor mobilizers. In our report, all those patients who received plerixafor as rescue of their primary chemotherapy-based regimen, collected required No. of cells. This suggests the potential future escalation of such strategy. Importantly, the median (or mean) No. of CD34+ cells/kg b.w. collected by our patients was lower. In a series of patients reported by Calandra, the mean total CD34+ cell yield was 3.5×10^6 /kg b.w. compared with our results of 2.6×10^6 CD34+ cells/kg b.w. This may be affected by cell collection procedure and related with observation of high leukocytosis in our patients.

The association between high WBC count and poor CD34+ cell yields was already reported by Burgstaler et al. [14,15] and this could affect the relatively low number of CD34+ cells collected. Moreover, the high leukocytosis led to the low frequency

of CD34+ cells within WBC fraction and therefore, in order to collect sufficient No. of CD34+ cells, we had to collect abundant No. of NCs. Importantly, our leukapheresis system was adapted to cell collections in patients mobilized with chemotherapy-based regimens who usually have relatively low WBC count. In case of high leukocytosis, the contamination of material with neutrophils was significant and this resulted in high NCs count in stem cell product. In turn, the observed high NCs count led to high volume of frozen stem cell product. The procedure of cell freezing requires certain NCs concentration in order to maintain their viability. In our institution this is not more than 50×10^6 NCs/mL of freezing medium. This resulted in median volume of 1260 mL of frozen stem cell product, which is very high. This observation has not been reported previously.

High leukocytosis and resulting low collection efficiency, large number of collected NCs and resulting large volumes of frozen stem cell product, seem to be a clear disadvantage of mobilization with plerixafor in combination with G-CSF. Therefore, it will be very important to elaborate certain strategies to solve them. The high leukocytosis could be avoided by addition of plerixafor to chemotherapy-based mobilization regimens at the time when leukocytosis is low but raising. In our three patients, where plerixafor was used as rescue of previously applied regimens, it was administered when leukocytosis was already high. High leukocytosis may also require modification of leukapheresis protocols. It was suggested that, in this setting, slowing the flow rate or increasing the separation factor during the collection may enhance CD34+ cell collection efficiency and decrease the granulocyte content of the product [15]. In the situation when the No. of collected NCs containing required CD34+ cell fraction is already high, one could suggest cell freezing at higher density than 50×10^6 NCs/mL. However, based on our experience, this may result in disintegration of necrotic granulocytes after cell thawing resulting in cell clumping by released DNA. Therefore, the possible complications of such approach seem to support cell freezing at already established density. Being aware of side effects resulting from single infusion of large volumes of DMSO-containing, ice cold fluid during transplantation, we usually divided the stem cell products into two to three infusions carried on consecutive days. Such practice did not produce side effects besides transient nausea and vomiting.

Ten patients mobilized with plerixafor already underwent autologous SCT. Similarly as in other studies, we did not observe altered kinetics of platelet and neutrophil recovery after transplantation of plerixafor mobilized cellular product. We also did not observe long-term graft failure, however the time of observation was limited.

In summary, plerixafor has been shown to be efficient and useful for stem cell mobilization in myeloma and lymphoma patients who failed previous mobilization attempt. However, mobilization with plerixafor in combination with G-CSF is resulting

in high leukocytosis, subsequent low frequency of CD34+ cells and high volume of obtained stem cell product.

Abbreviations:

G-CSF – granulocyte-colony stimulating factor
 NCs – nucleated cells
 HSC – hematopoietic stem cell
 PBSC – peripheral blood stem cell
 PBSCT – peripheral blood stem cell transplantation
 WBC – white blood cells
 CFU-GM – colony-forming unit granulocyte-macrophage
 CFU-GEMM – colony-forming unit granulocyte-erythrocyte
 –megakaryocyte-macrophage
 BFU-E – burst forming unit erythrocyte
 SCT – stem cell transplantation.

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Conflict of Interest

Grzegorz W. Basak received reimbursement for attending symposia and honoraria from Genzyme. The remaining authors declare no conflicts of interest.

Funding

Plerixafor was provided by the Genzyme Corp. free of charge within Compassionate Use Program (CUP).

Acknowledgements

The authors would like to thank Mrs. Malgorzata Krol, Mrs. Malgorzata Zdzieblowska and Mrs. Ewa Lowkiewicz for their excellent help with cell separation and processing.

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